



Grand Prix Žilina 2016



Children, cadet, junior, senior

<https://www.facebook.com/KarateGrandPrixZilina/>

<http://grandprixza.simplesite.com/>

Date: Sunday **19. March 2016**
 Place: Žilina, Sport gymnasium, Rosínska cesta 4, <http://sportgymza.edupage.org/>
 Organizer: Klub karate Žilina (www.karateza.sk)
 Chief referee: Ing. Ondrej Cítenyi (SVK/WKF)
 Referees, judges: Referees and judges are going to be delegated by organizer.
 Foreign qualified referees are welcome.
 Starting fee: **12 €** one category

Registration: **Application Online:** <http://www.sutazekarate.sk/>

Deadline: Deadline for sending entries is **18th March, 2016.**

Program:
 8.45 - 9.30 Registration kata
 9.45 – 10.45 Registration kumite
 10:00 – 12:00 Beginning of competition kata
 12:00 – 12:30 Opening ceremony
 13:00 Beginning of competition kumite

Prizes:
 1st– medal, cup and certificate
 2 to 3rd place medal and certificate

Categories: **KATA** **Age**
Boys, girls (2 katas in rotation) (5)
 (Must perform minimum two different kata from down listed Shitei kata)
(Godžu Ryu: Taikyoku Džodan Iči, Taikyoku Čudan Ni,
Šito Ryu: Džuni No Iči (Kihon Kata Iči, Taikyoku Šodan), Džuni No Ni
 (Kihon Kata Ni, Taikyoku Nidan)
Šotokan: Taikyoku Šodan, Taikyoku Nidan)

Boys, girls (2 katas in rotation) - beginner only 6. kyu (6-7)

(must perform minimum two different kata from down listed Shitei kata)

(Godžu Ryu: Taikyoku Džodan Iči, Taikyoku Džodan Ni, Taikyoku Čudan Iči, Taikyoku Čudan Ni, Taikyoku Gedan Iči, Taikyoku Gedan Ni
Šito Ryu Džuni: No Iči (Kihon Kata Iči, Taikyoku Šodan) Džuni No Ni
 (Kihon Kata Ni, Taikyoku Nidan) Džuni No San (Kihon Kata San, Taikyoku Sandan) Džuni No Jon (Kihon Kata Jon, Taikyoku Jondan)
 Džuni No Go (Kihon Kata Go, Taikyoku Godan)
Šotokan: Taikyoku Šodan Taikyoku Nidan Taikyoku Sandan
 Taikyoku Jondan Taikyoku Godan)

Boys, girls advanced (6-7)

Boys, girls (2 katas in rotation) beginner only 6. kyu (8-9)

(must perform minimum two different kata from down listed Shitei kata)

(Godžu Ryu: Taikyoku Džodan Iči Taikyoku Džodan Ni Taikyoku Čudan Iči Taikyoku Čudan Ni Taikyoku Gedan Iči Taikyoku Gedan Ni
 Taikyoku Kake Uke Iči Taikyoku Kake Uke Ni Taikyoku Mavaši Uke Iči Taikyoku Mavaši Uke Ni Gekisai Dai Iči (Gekisai Iči) Gekisai Dai Ni (Gekisai Ni)

Šito Ryu: Džuni No Iči (Kihon Kata Iči, Taikyoku Šodan) Džuni No Ni
 (Kihon Kata Ni, Taikyoku Nidan) Džuni No San (Kihon Kata San,

Taikyoku Sandan) Džuni No Jon (Kihon Kata Jon, Taikyoku Jondan) Džuni No Go (Kihon Kata Go, Taikyoku Godan) Pinan Nidan (Heian Nidan) Pinan Šodan (Heian Šodan) Pinan Sandan (Heian Sandan) Pinan Jondan (Heian Jondan) Pinan Godan (Heian Godan) Šinsei Iči Šinsei Ni Ten No Kata Či No Kata

Šotokan: Taikyoku Šodan Taikyoku Nidan Taikyoku Sandan Taikyoku Jondan Taikyoku Godan Heian Nidan Heian Šodan Heian Sandan Heian Jondan Heian Godan)

Boys, girls advanced

(8-9)

Boys, girls (2 katas in rotation) - beginner only 6. kyu (10-11)

(must perform minimum two different kata from down listed Shitei kata)

(Godžu Ryu: Taikyoku Džodan Iči Taikyoku Džodan Ni Taikyoku Čudan Iči Taikyoku Čudan Ni Taikyoku Gedan Iči Taikyoku Gedan Ni Taikyoku Kake Uke Iči Taikyoku Kake Uke Ni Taikyoku Mavaši Uke Iči Taikyoku Mavaši Uke Ni Gekisai Dai Iči (Gekisai Iči) Gekisai Dai Ni (Gekisai Ni)

Šito Ryu: Džuni No Iči (Kihon Kata Iči, Taikyoku Šodan) Džuni No Ni (Kihon Kata Ni, Taikyoku Nidan) Džuni No San (Kihon Kata San, Taikyoku Sandan) Džuni No Jon (Kihon Kata Jon, Taikyoku Jondan) Džuni No Go (Kihon Kata Go, Taikyoku Godan) Pinan Nidan (Heian Nidan) Pinan Šodan (Heian Šodan) Pinan Sandan (Heian Sandan) Pinan Jondan (Heian Jondan) Pinan Godan (Heian Godan) Šinsei Iči Šinsei Ni Ten No Kata Či No Kata

Šotokan: Taikyoku Šodan Taikyoku Nidan Taikyoku Sandan Taikyoku Jondan Taikyoku Godan Heian Nidan Heian Šodan Heian Sandan Heian Jondan Heian Godan

Boys, girls advanced

(10-11)

AGE 12 years and older categories all rounds any Karate Kata.

Boys, girls	(12-13)
Cadet male, Cadet female	(14-15)
Seniors male, female	(from 16 years)

KUMITE

Age, duration

Boys: -22,-26,-30,+30 kg	(6-7, 60s)
Girls: -20,-24,-28,+28 kg	(6-7, 60s)
Boys: -24,-28,-32,+32 kg	(8-9, 60s)
Girls: -27,-32,-37,+37 kg	(8-9, 60s)
Boys: -30,-35,-40,+40 kg	(10-11, 90s)
Girls: -30, -35,-40,+40 kg	(10-11, 90s)
Boys: -40,-45,-50,+50 kg	(12-13, 90s)
Girls: -40,-45,- 50, +50 kg	(12-13, 90s)
Cadet female: -54,+54 kg	(14-15, 90 s)
Cadet male: -52, -57,- 63 -70, +70 kg	(14-15, 120 s)
Junior female: - 53,-59,+59 kg	(16-17, 90 s)
Junior male: - 68,-76,+76 kg	(16-17, 120 s)
Seniors female: open	(from 18 years, 120 s)
Seniors male: open	(from 18 years, 180 s)

System: WKF rules with complements of Organizing Committee, gum shield, red, blue fist, shin & instep protector. (Body protector and face mask are optional for categories from 8 to 15 years kumite competitors).
Facemask for juniors and cadets is optionally

Insurance: It is recommended that all participant must effect their own medical insurance. Organizer of tournament are taking no liability for these concepts.
E-mail: karateza@karateza.sk

Accommodation: individual, www.zilina.sk, www.hotelonline.sk

Information: 00421 948 900 425, karateza@karateza.sk

Dipl. Ing. Jozef Cisarik v.r.
Director

